

Thoughts on Studying 關於學習之我思

Why 為何要學習

- I believe it is much more important to know the 'why' then the 'how' when it comes to studying or to anything, because once you know why you will figure out how
- The 'why' may be different for each person.
- For me, I study:
 - to learn and be amazed by the beauty and greatness of God. 認識神的美麗與偉大
 - The Bible often calls us to seek God.
 - Isaiah 45: 19 - "I did not say to the offspring of Jacob, 'Seek me in vain.'" ¹⁹我沒有對雅各的後裔說、你們尋求我是徒然的。
 - Isaiah 45:3 - "I will give you the treasures of darkness and the hoards in secret places, that you may know that it is I, the Lord, the God of Israel, who call you by your name." ³我要將暗中的寶物、和隱密的財寶賜給你、使你知道題名召你的、就是我耶和華以色列的神。
 - Isaiah 45: 15 - "Truly, you are a God who hides himself." ¹⁵救主以色列的神阿、你實在是自隱的神。
 - Psalms 27:8 - "You have said, 'Seek my face.' My heart says to you, 'Your face, Lord, do I seek'" ⁸你說、你們當尋求我的面。那時我心向你說、耶和華阿、你的面我正要尋求。
 - I believe we were created to seek God. As much time and energy as we spent praising God and exalting Him, we ought to seek him. I think worship and revelation go hand-in-hand. Just as the creatures around the throne in heaven with many eyes cry "Holy Holy Holy" every time they see God, we too are moved to cry "Holy" when we seek and see God.
 - Because of faith, when we study creation, art, music, math, we can see our Creator:
 - Hebrews 11: "By faith, we see the world called into existence by God's word, what we see created by what we don't see." ³我們因著信、就知道諸世界是藉神話造成的。這樣、所看見的、並不是從顯然之物造出來的。
 - By faith we see
 - I believe we need eyes of faith to see. When we have eyes of faith to see, we can look at the sky, the trees, the sea and marvel at God. We can learn about photosynthesis, algebra, read stories of historical and fictional people and understand God better.
 - It is such a beautiful process.
 - For example, take English. I love literature because I think it helps me understand people better, relationships, love. As I learn about people and their hearts, I inevitably am drawn to the heart of God, because we are created in the image and likeness of God.
 - Math, as well, amazes me. The perfection that exists and has forever existed. The idea that we are still discovering patterns and connections that God has set into motion ages ago.
 - To worship. 為著敬拜神
 - Everything we do, we do unto God as living sacrifice of worship
 - Studying is not excluded from that
 - The purpose is not to glorify ourselves. It's not to get an A to make ourselves feel good about ourselves. A's should not be the goal. They should never be the goal. Learning should be the goal.

- But, we work hard and commit our time and energy to studying because it is what God has set before us. Paul reminds us to do the good work set before us and to serve our humanly masters as we would God.
- For students, this work is school and our masters are our teachers. Thus, we ought to do this work (study) as an offering to God and serve our teachers as we would serve God.
- Bad reasons to study are: 學習錯誤的原因
 - Pride 驕傲
 - Paul says all his past accomplishments are worth nothing to him.
 - Earthly glory is meaningless
 - The desire for glory is quite poisonous
 - Fear for the future 對未來懼怕
 - Jesus teaches us not to worry about tomorrow. That we don't live on bread alone, but on every word that proceeds from the mouth of God.
 - We don't study or volunteer or join extracurricular so we can strive to get into a good school, which will get us a good job. That whole cycle stems from fear and not trusting God with our future.
 - I have lived in this cycle and I realized it never stops. I worked hard in high school, got into a good college. But then everyone started worrying again about medical or grad school. They put so much pressure on themselves. Joined all the clubs they could possibly join. Volunteer wherever they could... But not for joy and not from love but from fear. As Christians, I don't think this should be our aim because we have a God that cares for us.

How 如何學習

- The how is simple and different for each person. People learn differently.
- Encourage your kid to understand the best way he or she learns.
- Helpful tips:
 - Plan ahead. 提早做計劃
 - If you have a test on Friday and it is Monday, divide the content and time from Monday to Thursday and schedule yourself to prepare for everything before Friday.
 - I like to save the last day for review, so I would schedule all the learning for the days before and review everything again the last day.
 - Stay organized 保持有條有序
 - In notes, papers, binders, agenda
 - Organization is half the battle and will keep you from missing assignments, and will also help make studying more efficient.
 - Make an agenda 列出每天待辦事項
 - Similar to planning ahead, make an agenda for each day.
 - I like to list out all the things I need to do so I can go through them orderly and not miss something.
 - Pray 禱告
 - I like to center myself in prayer and worship before I start working or studying because it reminds me of all the whys.

梁榮盼的學習經過:

Vicky 在核桃高中是在 IB 課程(被全球教育界認可為具有較高學業水準的教育項目), 四年全 A, 第一名畢業

- **Walnut High School (2006-2010) Valedictorian**

申請到南加大醫學院獎學金, 四年讀完學士和碩士學位

- **University of Southern California (August 2010 – May 2014)**
 - **M.S.** in Global Medicine
 - **B.S.** in Health Promotion and Disease Prevention, Minor in Natural Science

畢業後在教會服事兒童與青少年. 2018 年受邀加入漸凍人研究團隊, 負責論文的研究與寫作. 此項研究有可能擴大到帕金森, 老年癡呆等病的治療, 盼望藉醫療將福音傳揚到世界各地.